



# Halt & Salute



**March/April 2009**

Website: [www.mvdhc.com](http://www.mvdhc.com)

ABN 24 909 968 366

MANNING VALLEY DRESSAGE &  
HACKING CLUB



**President:** Ross Green Ph (02)65502568

**Treasurer:** Nicole Stubbs Ph (02)65574707  
21 Metz Rd, Old Bar 2430

**Vice President:** Coralie Burnett Ph (02) 65513007

**Newsletter/Publicity:** Linda Pike  
Jamiepike@aapt.net.au

**Secretary:** Carol Meany, 65574095  
88 Irwins road, Koorainghat, 2430

**Membership Fees:** Jan – Dec; Once only Joining  
Fee -\$5. Annual – Adult- \$25  
Family-\$35  
Junior 16 and Under - \$15

## Bits 'n' Pieces

- Our green horse day on 1<sup>st</sup> March went well after canceling due to rain then reinstating when more predicted rain failed to eventuate. A lovely, friendly day that was enjoyed by all. Results included in this newsletter.
- Official/Associate comp coming up on the 26<sup>th</sup> April, entry form included this newsletter and also on website if you need to access another form. Looking forward to seeing you all there. This is expected to be a big comp so if you or a friend or relative can offer to help out on the day we will be forever grateful! Let Linda Pike know asap. Pencillers will be highly sought after!!
- Carolyn Lieutenant has been organized to conduct a two day clinic on the 8<sup>th</sup> and 9<sup>th</sup> of April and will be timed for those attending to get some great instruction in the lead up to the April 26<sup>th</sup> comp. Details below.
- The club prides itself on being family friendly and we realize there are always young children in attendance at our events. We would just like to remind everyone that even the quietest horse can become dangerous in certain circumstances and young children often don't see or can't react fast enough to dangers. Please, always ensure your children are fully supervised at all times, to prevent a tragedy occurring.
- We plan to organize a measuring day at Taree showground for those wanting their horses and ponies to have an official EFA height card. This will be advertised in the newsletter when a date is fixed.
- We are also looking to hold our annual judges clinic, no date as yet but hoping to offer close to an Official comp so we can organize exams as well.

### \*\*\* Carolyn Lieutenant Clinic \*\*\*



Two days of lessons with Carolyn who is a level 3 dressage coach,  
A. level dressage judge and has been Australian RDA dressage coach.

April 8 and 9 at Taree showground.

Lessons will cost \$90 plus showground/arena levy.

For enquiries and bookings please contact organizer ASAP:

Jodie Brazier - 02 65864429

Participants must be MVD&HC or EFA members, currently financial

## Living with O.C.E.A.N Syndrome.

Just recently, after years of research, I have finally been able to give a name to what My wife and I have been living with for years. It's an affliction for sure which when undiagnosed and misunderstood can devastate and literally tear a family apart. Very little is known about O.C.E.A.N Syndrome. But it is my hope this article will generate interest from researchers involved in the equine and psychological sciences. You will, no doubt, begin to identify similar symptoms in your own family and hope fully now be able to cope.

**OBSESSIVE COMPULSIVE EQUINE ATTACHMENT NEUROSIS SYNDROME(O.C.E.A.N)** is usually found in the female and can manifest itself anytime from birth to the golden years. Symptoms may appear any time And may even go dormant in the late teens, but the syndrome frequently re-emerges in later years.

Symptoms vary widely in both number and degree of severity. Allow me to share some examples which are most prominent in our home.

The afflicted individual:

1. Can smell mouldy hay at 10 paces, but can't tell whether milk has gone bad until it turns chunky
2. Finds the occasional buck and fart session hugely entertaining, but severely chastises her husband for similar antics.
3. Will spend hours cleaning and conditioning her tack, but wants to eat from paper plates so there are no dishes.
4. Considers equine gaseous excretions a fragrance.
5. Enjoys mucking out 4 stalls twice a day, but insists on having a housekeeper mop the kitchen floor once a week.
6. Will spend an hour combing and trimming an equine mane, but wears a baseball cap so she doesn't waste time brushing her own hair.
7. Will dig through manure piles daily looking for worms, but does not fish.
8. Will not hesitate to administer a rectal exam up to her shoulder, but finds cleaning out the turkey cavity for dressing quite repulsive.
9. By memory can mix 8 different supplements in the correct proportions, but can't make macaroni cheese that isn't soupy.
10. Twice a week will spend an hour scrubbing out the water troughs, but has a problem with cleaning lasagne out of the casserole dish.
11. Will pick a horse's nose and call it cleaning, but becomes verbally violent when her husband picks his
12. Can sit through a four-hour session of a ground work clinic, but is unable to make it through a half-hour episode of cops.

The spouse of an afflicted victim:

1. Must come to terms with the fact there is no cure, and only slightly effective treatments. The syndrome may be genetic or caused by the inhaling of manure particles Which, I propose, have an adverse effect on female hormones.
2. Must adjust the family budget to include equine items- hay, veterinarian services, farrier services, riding boots and clothes, supplements, tack, equine masseuse and acupuncturist – as well as the (mandatory) equine spiritual guide, etc. Once you have identified a monthly figure, never look at it again. Doing so will cause tightness in your chest, nausea and occasional diarrhoea.
3. Must realise that your spouse has no control over this affliction. More often than not, she will deny a problem even exists as denial is common
4. Must form a support group. You need to know your not alone – and there's no shame in admitting your wife has a problem. My support group for instance involves men who truly enjoy Harley Davidson's, 4 day weekends and lots of scotch. Most times she is unaware I am even gone, until the precise moment she needs help getting a thirty kilo bag of grain out of the truck.



## **HORSE AND SADDLE FOR SALE**

### **CLANCY**

15.3 hh grey thoroughbred gelding 15 years old. He is educated and has competed in dressage at Novice level. Clancy is for sale due to my lack of time to ride him. He would suit someone wanting to go to Pony Club or compete at dressage or jumping.  
\$3,000.00

*and*

### **KIEFFER                  INNSBRUCK DRESSAGE                  SADDLE (black)**

Size 1 and in absolutely new condition, it has only been ridden in a couple of times and is still under new warranty. It has the soft Excellent Tree as well as additional padding in the seat and skirts.

This is a beautiful saddle and I'm sure whoever buys it will be very happy with their purchase, you will be buying a quality saddle and one that will last a lifetime.

I am asking \$3,300.00 (it retails for \$4,695.00)

Please contact Kerrie on  
0409 607725 bh or  
02/65856284 ah  
or [keross@westnet.com.au](mailto:keross@westnet.com.au)



## Rider Profile: HELEN ZIMIC.

### 1. When did you start riding?

As a toddler I always begged until lifted onto the nearest horse. Big brother very obliging. Spent years climbing on, often falling off due to lack of gear, etc. Fences come in handy. Many out of control rides when I thought I was in heaven, but wound up in strange locations. I learned it's easier to stick on a rugged horse.

### 2. Your first/favourite horse?

First horse a blue roan pony called Spooky. No favourite. That would be like picking between children. All special, some extra special.

### 3. What was your first competition?

Hard to remember. Possibly a girl rider class at Bonalbo Show, on a horse borrowed from a rodeo hazer. No stretch joddies then, so hard to bend the knee, and foot in stirrup was the aid for a fast take off. Most embarrassing. Mount and dismount was always included in a riding class. Our figure eight was a pair of spins. Oh well, room for

improvement.

### 4. Your most memorable experience?

Riding a little stallion along the road as he passaged for mares in the paddock. I was amazed that he allowed me to sit there while he showed off. I've never achieved passage on my aids, so I cling to the memory.

### 5. The best advice anyone has ever given you?

Probably to remember that horses will forgive our mistakes. We can do atrocious things with the best intentions, but if we learn a bit more the result is often there waiting for us.

### 6. Did you come from a family with a horsey background?

A bit. Alternate generations. Grandfather bought a pony, but none of his four daughters showed much interest. His wife had grown up on a dairy, dreaming of circus performance, practising vaulting on the carthorse. Travel to school by horse, often swimming...high rainfall, low country. Her side-saddle was donated to the historical society. My father came to Australia to be a farmer, but had to work in the city to save enough to buy his farm, by which time he was too sick to enjoy it. Hence my first pony had a tether chain, and lived on a series of spare blocks around the suburb. Overgrown backyards were pure gold: I'd offer to have her eat the grass down for no fee. Riding around the streets was life and death on a daily basis, but who questioned that? My brother was desperately keen but had less opportunity. All his girls went through pony club.

### 7. Your best buy ever?

From today's perspective, the latest, my beautiful dressage saddle. Couldn't afford it before. I call it my Ferrari. Think about it. It's the boring old codgers that buy sports cars. My turn.

### 8. The handiest item in your tack room?

The little bag of carrots. I'm not above bribery and corruption.

### 9. The person that you most admire?

So many for different qualities. Most people amaze me.

### 10. What is the future for Helen Zimic?

God only knows and she's not telling!

SPONSOR PROFILES THIS MONTH THANKS GO TO  
\*\*\* WINGHAM VET CLINIC \*\*\*  
FOR THEIR GENEROUS SUPPORT OF OUR  
MID NORTH COAST DRESSAGE CHAMPIONSHIPS.



105 Isabella Street, Wingham NSW 2429  
Ph: 6557 0000 Fax: 6553 5811

John Dooley B.V.Sc Veterinary Surgeon



#### EXPERIENCE COUNTS

At Wingham Vet Clinic, John Dooley has been waiting horses for 33 years now - that's a lot of accumulated experience - and the great bulk of that period has been spent caring the people and animals of the Manning Valley.

The Clinic has a very well-deserved reputation for thoroughness in our approach to assisting clients with diagnosing disease, and maintaining health - this is the thrust of the Clinic's ethos, because we know that this is the most effective way to assist our patients, and our clients.

Our attention to detail is noteworthy, and every consideration is made to diagnose, then TREAT. For these reasons, our key principle is to diagnose first - then treat, rather than the reverse.

#### MODERN FACILITIES

Full facilities are available at Wingham Vet Clinic:

- Ultrasound
- X-Ray Equipment
- Modern Safe Anesthetics Used
- 24 Hour Emergency Service
- House Calls
- EFTpos Facilities
- Senior's Card Discounts



Specifically for the Equine Patient, John Dooley offers a FULL DENTAL SERVICE, including radiography.



**Calendar of events.** *If you know of an event that could be added to this please let Linda pike know.*  
**Club meetings held at Royal Hotel, 7.30pm in daylight savings, 7.00pm once daylight savings finishes. ALL WELCOME!**

<b>APRIL</b>	Carolyn Lieutenant Clinic Contact Jodie Brazier – 65864429 26 <sup>th</sup> , Official /Associate dressage, Taree 15 <sup>th</sup> , club meeting
<b>MAY</b>	23 <sup>rd</sup> , Freestyle clinic with Hazel plus lessons with Ross Green and Belinda Bailey. Taree 20 <sup>th</sup> , club meeting
<b>JUNE</b>	28 <sup>th</sup> , Official/associate dressage, Gloucester  17 <sup>th</sup> , club meeting
<b>JULY</b>	26 <sup>th</sup> , Limited entry Green Horse Day, Taree (due to big job organizing champs) 15 <sup>th</sup> , club meeting
<b>AUGUST</b>	22 <sup>nd</sup> & 23 <sup>rd</sup> , Mid North Coast Dressage Championships, Taree 19 <sup>th</sup> , club meeting
<b>SEPTEMBER</b>	27 <sup>th</sup> , Hack Show, Taree  16 <sup>th</sup> , club meeting
<b>OCTOBER</b>	25 <sup>th</sup> , date booked, event TBA.  21 <sup>st</sup> , club meeting
<b>NOVEMBER</b>	29 <sup>th</sup> , Pauline Elliot Memorial Day, Official/Associate dressage, Taree 18 <sup>th</sup> , club meeting
<b>DECEMBER</b>	*** Christmas Party and Trophy Presentation Night ***

